



(Accredited by American Academy of Sleep Medicine)

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First Name	Last Name	Date

Social History

Marital History		Education			
Single	()	Less than high school	()		
Married	()	High school	()		
Separated	()	Some college	()		
Divorced	()	College	()		
Widowed	()	Post-graduate	()		
Current Work Status		Caffeine Use			
Full-time	()	Coffee	()		
Part-time	()	Tea	()		
Disabled	()	Carbonated beverages	()		
Retired	()	Medicines	()		
Self-Employed	()	Foods	()		
Full-time parent	()	Tot servings/day	()		
Unemployed, looking for work	()	None	()		
Unemployed, not looking for work	()				
Alcohol Use		Tobacco Use (smoke or vape)		Illicit Drug Use	
Occasional	()	Every day smoker	()	Recently quit	()
Moderate	()	Some day smoker	()	Remotely quit	()
Heavy	()	Former smoker	()	Use socially	()
Recently quit	()	Never smoker	()	Use daily	()
Quit a long time	()			Use weekly	()
None	()			Use monthly	()
				None	()
				Which drug most used	()
				Which other drug used	()

Please list all your current medicines (prescription and OTC), herbal preparations, and vitamins:

Prescription medicines	
1	Aspirin
2	Paracetamol
3	Codeine
4	Penicillin
5	Insulin
6	Warfarin
7	Statins
8	Antidepressants
9	Antipsychotics
10	Antibiotics
11	Anticancer drugs
12	Anticonvulsants
13	Anticoagulants
14	Antidiabetics
15	Antihypertensives
16	Anticholinergics
17	Antiemetics
18	Antispasmodics
19	Antitussives
20	Antivirals
21	Antifungals
22	Antiparasitics
23	Anticardiacs
24	Anticancer drugs
25	Anticonvulsants
26	Anticoagulants
27	Antidiabetics
28	Antihypertensives
29	Anticholinergics
30	Antiemetics
31	Antispasmodics
32	Antitussives
33	Antivirals
34	Antifungals
35	Antiparasitics
36	Anticardiacs
37	Anticancer drugs
38	Anticonvulsants
39	Anticoagulants
40	Antidiabetics
41	Antihypertensives
42	Anticholinergics
43	Antiemetics
44	Antispasmodics
45	Antitussives
46	Antivirals
47	Antifungals
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80	Antihypertensives
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82	Antiemetics
83	Antispasmodics
84	Antitussives
85	Antivirals
86	Antifungals
87	Antiparasitics
88	Anticardiacs
89	Anticancer drugs
90	Anticonvulsants
91	Anticoagulants
92	Antidiabetics
93	Antihypertensives
94	Anticholinergics
95	Antiemetics
96	Antispasmodics
97	Antitussives
98	Antivirals
99	Antifungals
100	Antiparasitics

[illegible]

Over the counter medicines

[illegible]

Vitamins	
Vitamin A	1000 IU
Vitamin B1	10 mg
Vitamin B2	10 mg
Vitamin B3	10 mg
Vitamin B5	10 mg
Vitamin B6	10 mg
Vitamin B7	10 mg
Vitamin B9	10 mg
Vitamin B12	10 mg
Vitamin C	1000 mg
Vitamin D	1000 IU
Vitamin E	1000 IU
Vitamin K	1000 IU

[illegible]